

**U6****All about the BALL****Wow, Soccer is Fun!**

- FAST closing speed "Cheetah Speed!"
- Recognize when the ball is behind you to recover FAST

**U7/U8****All about ME****Year of the Dribble**

- "Surf it Up" body position
- Cheetah speed and then slow down
- Identify when the ball is far enough away from the opponent to take it

U10**All about TEAMMATES****We've Invented the Wheel and it's Called Passing**

- "Surf it Up" body position
- Position between the ball and the goal "Goal Side"
- Prioritize staying central to deny most dangerous attacks
- Manage covering distance and angle

**U12****All about OPPONENTS****Perceive Opponents and Teammates to do All of the Above More**

- Recognize when nearby teammate is/will step to close the ball down "you go vs I step"
- Prioritize predictably directing opponents away from the goal and their teammates
- Prioritize keeping lines tight (stepping/dropping as a block)
- Manage position depth relative to ball pressure

**U14****All about SPACE****More Perceiving in More Challenging Moments with More Nuance in More Ways**

- Choose safest option to delay vs deny. Choose direction to guide the ball as you close down.
- Manage position depth relative to ball pressure.
- Manage covering distance (and angle)

